

## HOW TO MAKE HSTs 8 AT A TIME

This is a useful method when you need lots of the same HST for a given project. There is a YOUTUBE link showing 10 different ways for different numbers needed at the end.

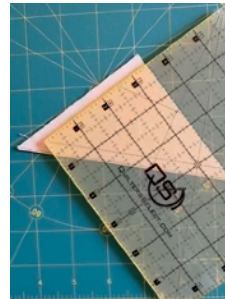
1. **SEWING:** Cut 2 of the required size square - two different colors; draw a diagonal line from point to point each direction on the wrong side of the lighter square; pin the two squares right sides together; stitch 1/4" from each side of each diagonal line as shown; press the stitched lines to set



2. **CUTTING:** Place the stitched block on a cutting mat that can be rotated; make a vertical cut through the center of the block and then a horizontal cut through the center; rotate as needed; next cut on each of the diagonal lines between the stitching; this gives you 8 HSTs



3. **SQUARING UP:** Use a 6 1/2" square ruler with a 45° line; lay the 45° line directly on or just above the stitched line (toward the point on the triangle) and line up the desired size of the HST on either square side of the HST; trim the excess triangle fabric left on the other side of the ruler. (NOTE: you can also use the "QUILT IN A DAY 6 1/2" TRIANGLE SQUARE UP RULER" if you have one. It offers more flexibility in squaring up.



4. **PRESSING:** Now is the time to open out the HST and press. Open and gently **FINGER PRESS** usually the to the dark fabric. Then use a hot dry iron set on top or a roller to flatten the HST seam. The little rabbit ears can be cut off now..

**Good resources.** There are loads on YOUTUBE but the first is my favorite. The second it great for arrangements of HST in quilts.

YOUTUBE: Just Get it Done, "10 ways to make HST" by Karen Brown - good *how to* based on numbers needed

YOUTUBE: Create With Claudia, "27 Stunning HST Quilt Layouts" - uses 64 HST blocks to create a quilt. Good time to use the *8 at a time method*